to pay tribute to Val's life and contributions before this body of Congress and this nation.

Val joined the Navy when he was still in his senior year at Montrose High School. At age 17, Val dropped out of high school and went to boot camp in San Diego. After basic training, he was assigned to the USS Maryland, serving as a mess cook stationed in Pearl Harbor. On the morning of the attack, two Japanese torpedoes hit the bow and stern of his ship, causing many casualties to the crew. Miraculously, Val was able to escape the attack unharmed and soon reported to a new ship preparing for war.

After World War II, Val continued to serve his country through both the Korean and the Vietnam Wars. Between wars, Val made a living as a professional boxer and won the military bantam weight boxing title. After serving in the military for 23 years, Val retired and went into law enforcement. He was the first Hispanic officer ever to serve in the Montrose Police Department. He also enrolled at Colorado University, where Val received his bachelor's degree. Today, Val lives at home in Montrose and serves as a role model and mentor to his two grandchildren, who he also wants to see graduate from college.

Mr. Speaker, it is with earnest respect that I recognize Valentino Alvarado of Montrose, Colorado before this body of Congress and this nation. Throughout his life, Val has served his country with the honor, distinction, and integrity that we, as Americans, have come to respect from our nation's military. His courage is a testimony to his character, and it is an honor to represent such an outstanding American in this Congress.

TRIBUTE TO JESSICA WEHLING

HON. SCOTT McINNIS

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 12, 2003

Mr. McINNIS. Mr. Speaker, it is with great enthusiasm that I recognize Jessica Wehling of Grand Junction, Colorado. Last December, Jessica received the highest award for a Junior Girl Scout, the Gold Award. Today, I would like to pay tribute to Jessica's commitment and accomplishments before this body of Congress and this nation.

Jessica Wehling has served her community and her country in many ways as a Girl Scout. She began her career as a Daisy Girl Scout, where she first learned the values of discipline, commitment, and goodwill that have become her hallmark. As an example of her ingenuity, when Jessica's car was hit by a truck in the Fruita Monument High School parking lot she began brainstorming parking alternatives to prevent future accidents at the school.

Through her efforts, Jessica was able to redesign the parking lot to add more spaces, a drop off area, and make it more driver friendly. Jessica also came up with an incentive program that gave preferred parking spots to students who carpooled to school. Her project displayed a great deal of ingenuity and initiative. Fruita Monument High School has now redesigned the parking lot and plans to begin Jessica's carpool incentive program in January.

Mr. Speaker, it is with great pride that I recognize the contributions of Jessica Wehling of

Grand Junction, Colorado before this body of Congress and this nation. Jessica's hard work and determination serves as an inspiration to us all, and it is an honor to represent such an outstanding American in this Congress. I look forward to witnessing Jessica's future accomplishments and wish her all the best. Keep up the good work.

IN HONOR OF MURIEL SEABROOK

HON. ROBERT MENENDEZ

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 12, 2003

Mr. MENENDEZ. Mr. Speaker, I rise today to honor Mrs. Muriel Seabrook for serving the children and families of Jersey City. Upon her retirement, she was honored at Casino in the Park in Jersey City, New Jersey, on December 7, 2002.

Mrs. Seabrook began working as a parish social worker for the Trinity Lutheran Church in Jersey City, and became a caseworker for the Hudson County Welfare Board. In 1966, she began her 37 years of devoted service with the Jersey City Child Development Centers, Inc., "Project Head Start". Through her hard work and dedication, she rose to the position of assistant director in 1979. For her exceptional work, the National Head Start Association honored her as the 1999 Administrator of the Year.

She has further contributed to the community through her involvement in a variety of organizations, including: the Hudson County-New Jersey Child Placement Review Board, as chairperson; the National Review Panel for the Office of Human Development Services; and the Comprehensive Program Review Team, as an ACYF peer reviewer. In addition, she has been an organist and choir director in parishes throughout Minnesota and New Jersey for over 40 years.

Mrs. Seabrook graduated from St. Olaf College with a degree in Sociology. She is a devoted wife, mother, and grandmother.

Today, I ask my colleagues to join me in honoring Mrs. Muriel Seabrook for her selfless devotion to making Jersey City a better place for our children and our families.

TRIBUTE TO LYMAN THOMAS

HON. SCOTT McINNIS

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 12, 2003

Mr. McINNIS. Mr. Speaker, it is with a solemn heart that I take this opportunity to pay tribute to the life of Lyman Thomas, who sadly passed away recently at the age of 76. Lyman was a pillar of the Montrose community and, as his family mourns his loss, I think it is appropriate that we remember his life and celebrate the work he did on behalf of others.

Lyman was born to Charles and Beulah Thomas on March 22, 1926. At the age of nine, Thomas suffered the loss of his father. As a member of what has been called the "greatest generation," Lyman's life exemplifies the dedication to others embodied by many from that era. In 1944, Lyman joined the Air Force in order to serve his country during

WWII. Upon leaving the service, Lyman attended Colorado A&M (now CSU) and within a year was able to pursue a career in aviation. In June of 1948 Lyman married Lila Whitley with whom he raised two children: Lyman Jr., who sadly passed away in 1983, and daughter Lennette.

Lyman began his career with Monarch (Frontier) Airlines, eventually moving over to Delta, where his ability and dedication allowed him to assume a managerial position in the Delta Chamber of Commerce. It was while he held this position that Lyman and fourteen others founded Club 20, designed to unify the voices of over 20 counties, earning it the nickname the "Voice of the Western Slope." It was Lyman's passion for his community that caught the eye of two governors of Colorado. Lyman was appointed to the Parks and Recreation Board and later, due to the efforts of Club 20, to the committee charged with selecting a location for Interstate Highway 70. In 1953 most roads connecting Western Slope towns were dirt or gravel. It was Lyman's efforts on this committee, and the important contributions of Club 20, that were instrumental in the paving of local roads.

Mr. Speaker, it is my honor to pay tribute to the life of Lyman Thomas, a man whose character and impact on others is evident in the lives of all who have crossed his path. It is with admiration, respect and a sense of sadness that I recount Lyman's 76 years of life before this body of Congress. Although Lyman has left us, his good-natured spirit lives on through the lives of those he has touched. I would like to extend my thoughts and deepest sympathies to Lyman's family and friends during this difficult time.

TRIBUTE TO JOSEPH PADDILLA

HON. SCOTT McINNIS

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 12, 2003

Mr. McINNIS. Mr. Speaker, it is with great pride that I rise today to recognize Mr. Joseph Paddilla of Denver, Colorado. Mr. Padilla's efforts have helped countless members of the Colorado community. Through his construction work, Joe has made a difference in the lives of others.

Joe began his career in construction while still in high school, helping his father to build and remodel kitchens. Following high school, he attended the University of Florida. In 1982, Joe started his own business, Town & Country Kitchens, designing and manufacturing custom kitchens. In his role as owner, Joe was a pioneer in the construction of handicapped accessible kitchens even before building codes had mandated their construction. It was for this kind of forward thinking that Mr. Paddilla was awarded the Mayor's Award for Outstanding Contribution to the Disabled Community in 1983.

Mr. Paddilla's efforts to help the handicapped community have been innumerable. On behalf of Police Officer Toby Bethel, who was injured in the line of duty, Joe was instrumental in designing and financing a kitchen